ENGLISH

3 HANDS DATE MOVEMENT

SETTING THE TIME

- 1. Pull crown out to position III.
- 2. Turn crown clockwise to set hour and minute hands.
- 3. Return crown to position I.

SETTING THE DATE

- 1. Pull crown out to position II.
- 2. Turn crown clockwise to set date.
- 3. Return crown to position I.

Do not change the date between 10pm and 2am. This is when the movement is in position to carry out the automatic date change, any interference may cause damage to the movement.

3 HANDS DAY/DATE MOVEMENT

SETTING THE TIME

- 1. Pull crown out to position III.
- 2. Turn crown clockwise to set hour and minute hands.
- 3. Return crown to position I.

SETTING THE DAY/DATE

- 1. Pull crown out to position II.
- 2. Turn crown clockwise to set date. Set to previous day.
- 3. Turn crown counter-clockwise to set weekday. Set to previous day.
- 4. Pull crown out to position III.
- 5. Turn crown clockwise to set hour and minute hands.
- 6. Return crown to position I.

Do not change the date between 10pm and 2am. This is when the movement is in position to carry out the automatic date change, any interference may cause damage to the movement.

AUTOMATIC

AUTOMATIC 3 HANDS DATE MOVEMENT

WINDING

In crown position I, turn crown clockwise approximately 30 times. This powers the mainspring of the watch. The mainspring will be automatically wound by natural arm movements while wearing it on your wrist. The watch has a power reserve of approximately 38 hours.

SETTING THE TIME

- 1. Pull crown out to position III.
- 2. Turn crown clockwise to set hour and minute hands.
- 3. Return crown to position I.

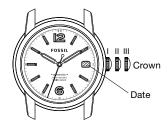
SETTING THE DATE

- 1. Pull crown out to position II.
- 2. Turn crown clockwise to set date.
- 3. Return crown to position I.

Do not change the date between 10pm and 2am. This is when the movement is in position to carry out the automatic date change, any interference may cause damage to the movement.







CHRONOGRAPH MODELS

SETTING THE TIME

- 1. Pull crown out to position III.
- 2. Turn crown clockwise to set hour and minute hands.
- 3. Return crown to position I.

SETTING THE DATE

- 1. Pull crown out to position II.
- 2. Turn crown clockwise to set date.
- 3. Return crown to position I.

CHRONOGRAPH

- The chronograph counter at 6 o'clock measures hours.
- The chronograph minute counter at 10 o'clock measures 30 minute increments.
- The center stop-second measures 60 seconds per rotation.

PLEASE NOTE:

Before using chronograph, please ensure that:

- Crown is in position I.
- The three chronograph hands are precisely at zero position following activation of pusher B. Should this not be the case, the positions of the hands must be adjusted. See the section entitled "Adjusting the chronograph hands to zero position."

CHRONOGRAPH: BASIC FUNCTION (START / STOP / RESET)

- 1. Press A to start/stop chronograph.
- 2. Press B to reset all chronograph hands to zero position.

CHRONOGRAPH: INTERMEDIATE OR INTERVAL TIMING

- 1. Press A to start center stop-second hand.
- 2. Press B to begin intermediate or interval timing.

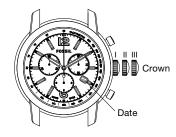
NOTE: Although chronograph hands have stopped, the movement continues to record timing.

- 3. Press B again to quickly advance all chronograph hands to ongoing measured time. Press B to continue to record each interval.
- 4. Press A to stop the chronograph and display final time.
- 5. Press B to reset all chronograph hands to zero position.

ADJUSTING THE CHRONOGRAPH HANDS TO ZERO POSITION

- 1. Pull crown out to position III. All three chronograph hands are in their correct or incorrect zero position.
- 2. Press A and B simultaneously for at least 2 seconds; center stopsecond hand will rotate by 360° – corrective mode is activated.
- 3. Press A to single step center stop-second hand. Press and hold A to advance center stop-second hand quickly.
- 4. Press B to advance to chronograph hour hand.
- 5. Press A to single step chronograph hour hand. Press and hold A to advance chronograph hour hand quickly.
- 6. Press B to advance to chronograph minute hand.
- 7. Press A to single step chronograph minute hand. Press and hold A to advance the chronograph minute hand quickly.
- 8. Return crown to position I.

Do not change the date between 10pm and 2am. This is when the movement is in position to carry out the automatic date change, any interference may cause damage to the movement.





GMT MODELS

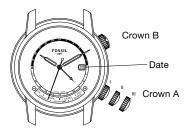
SETTING THE TIME/CALENDAR

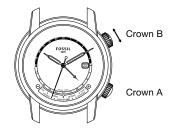
- 1. Pull Crown A out to position II.
- 2. Turn Crown A clockwise to set the date to the previous day.
- 3. Pull Crown A out to position III.
- 4. Turn Crown A clockwise until the present date is displayed. Continue turning Crown to set the correct a.m./p.m. time.
- 5. Return Crown A to position I.

DUAL TIME ZONE SETTING

- 1. Turn Crown B clockwise or counter-clockwise to locate local time zone on disc of cities.
- Turn Crown B to desired second time zone while counting difference in hours from local time zone. Each click is 1 hour. Advancing or regressing in hours is indicated by the + / - sign on the dial. Corresponding color indication of + / - sign on the dial is on Crown B.
- 3. Pull Crown A out to position II.
- 4. Turn Crown A counter-clockwise to set second time zone hand.
- 5. Return Crown A to position I.

NOTE: Second time zone hand is read in military time, indicated in the 24-hour time window at 6:00 position.





WATER RESISTANCE

All Fossil timepieces are designed with a minimum water resistance rating of 5ATM (165ft/50m).

The water resistance of a timepiece protects the movement from dust, moisture, and risk of damage should it be immersed in water.

Please see chart guidelines for recommended exposure of various water ratings.

It is important not to adjust the position of the crown while the timepiece is in contact with water. Water can enter the case and cause damage.

For timepieces with screw crowns, ensure the crown is completely locked in its correct position before contact with water.

For timepieces with chronograph functions, do not engage the chronograph under water, as water may leak in the case and cause damage.

USE PRECAUTIONS - RESISTANCE TO WATER

All Fossil timepieces are designed to withstand use as indicated on line 1 of the following chart.

Indication		Water-related Use			
	Water-resistant characteristics	Light spray perspiration, light rain, etc.	Bathing, etc.	Swimming, etc.	Skin diving, (Diving without oxygen cylinder)
1	5 ATM	ОК	ОК	NO	NO
2	10 ATM	ОК	OK	ОК	NO
3	20 ATM	ОК	ОК	ОК	ОК
Always set crown in the normal position. Screw crown until it stops moving completely.					

CARE AND PRECAUTIONS

Each Fossil timepiece is designed and manufactured to the highest of standards. Unlike most other mechanical objects, a watch operates non-stop. In order to ensure optimal performance and longevity, please review the simple guidelines for care and precautions of your Fossil timepiece.

CARE

Clean your timepiece with a soft cloth and water only. Do not submerge it. After any saltwater use, your timepiece should be rinsed clean and dried with a soft cloth. In order to maintain metal bracelets, we recommend cleaning periodically. Dip a soft brush in warm soapy water and gently rub the bracelet clean. We advise having your timepiece serviced every 18-24 months to ensure longevity and trouble-free operation.

PRECAUTIONS

It is important to avoid the following conditions: extreme heat or cold, as well as prolonged periods of exposure to direct sunlight, exposure to wet conditions that exceed your timepieces's water rating (see case back and chart). Never operate any of the function buttons or adjust the position of the crown when the timepiece is in contact with water.

Your timepiece should not be affected by magnetic fields generated by household items such as televisions and stereos, but avoidance of other strong electric fields or static electricity is advised. It is also important to avoid extreme shock or impact.